



SHREE YOGA TEACHER TRAINING APPLICATION FORM

1. Today's date: _____

Name: _____

Address: _____

Phone (Home): _____ Phone (Cell): _____

E-mail: _____

Age: _____ Occupation: _____

2. How many years have you been practicing yoga? _____

How many years have you been practicing Anusara Yoga? _____

3. Have you taken any teacher training programs before? Where, when and with whom?

What styles have you focused on?

Are you currently teaching yoga? _____ Number of classes per week: _____

What tradition/style do you teach? _____ How long have you been teaching? _____

What is the average number of students you teach each week? _____

4. Pre-requisite: 100 hour Immersion. Please note where, when, and with whom you took each of the three parts of the 100 hour Immersion.

5. Health Information:

Please let us know about any injuries, physical conditions, or psychological issues that you feel might get in the way of your full participation. This information is strictly confidential.

6. Refund Policy:

For the combined 100 hour Immersion and 100 hour teacher training program, up to September 10, 2022 all fees paid are refundable minus \$250 administration fee. No refunds will be issued after September 10, 2022. If you withdraw at any point, you remain liable for any and all remaining payments owed.

For the 100 hour Teacher Training alone (having taken the Immersion program prior to 2022), up to March 4, 2023 all fees paid are refundable minus \$250 administration fee. No refunds will be issued after March 4, 2023. If you withdraw at any point, you remain liable for any and all remaining payments owed.

7. Late Fees and Extensions on Homework and Certification:

In the event that you are unable to complete any of the requirements listed below to receive certification from the Anusara School of Hatha Yoga, we will arrange, on an individual basis, a mentor to help you complete the course work at an hourly rate of \$100 per hour.

Requirements:

- Complete the entire Teacher training course with 100% attendance. This includes live online attendance at all parts of all classes. Any missed classes or late arrival for class will jeopardize your certification.
- Complete all required reading and writing assignments
- Complete and pass the written exams, Sanskrit quizzes, Empowerment Reviews, and required practicums by the deadlines given.
- Complete all At-Home Study Requirements.

8. Please answer the following questions writing a short paragraph for each on a separate sheet:

- a. Why do you want to take this certification training, and what do you hope to gain?
- b. What are some of your strengths and weaknesses as a practitioner and as a teacher if you already teach?
- c. What else should we know about you?

9. I have read, understand, and agree to the above terms and policies.

SIGNATURE: _____ DATE: _____

Printed Name: _____

Please print out and complete this form. Mail it to our office or bring it into the studio with your payment in full or your first installment if you're on a payment plan.

Office:

Shree Yoga Studios

% Rachel Dewan

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