



SHREE YOGA 300 HOUR ADVANCED TEACHER TRAINING APPLICATION FORM

1. Today's date: _____

Legal name: _____ Preferred name: _____

Address: _____

Phone (Home): _____ Phone (Cell): _____

E-mail: _____

Age: _____ Occupation: _____

2. How many years have you been practicing yoga? _____

How many years have you been practicing Anusara Yoga? _____

3. Who did you take your 200 hour training with? What style of yoga was the training in?

Please attach a copy of your 200 hour yoga teacher training certificate to this application if your training was not at Shree Yoga.

Are you currently teaching yoga? _____ Number of classes per week: _____

What tradition/style do you teach? _____

How long have you been teaching? _____

What is the average number of students you teach each week? _____

4. If you have taken part in an Anusara Yoga Immersion taught by a certified Anusara teacher please note where, when, and with whom you took the Immersion and which modules were completed (parts 1, 2 and/or 3). Please also list any other **Anusara** trainings, workshops, retreats or study you have done. These may count towards your 144 elective hour requirement.

5. Health Information:

Please let us know about any injuries, physical conditions, or psychological issues that you feel might get in the way of your full participation. This information is strictly confidential.

6. Refund Policy:

If you have made payment in full for the entire training, up until 14 days prior to the start of the first module, your payment is refundable less a \$250 administration fee. No refunds will be issued from that point on. If you are paying module by module, each module is refundable up until 48 hours before the module begins less a \$75 administration fee. If you cancel within 48 hours of the start of

the module, no refunds can be issued. Your payment will be returned in full if you are not accepted into the program or if Shree Yoga cancels the program.

7. Certification:

In the event that you are unable to complete any part of any module you register for with us, we will arrange, on an individual basis, a mentor to help you complete the course work at an hourly rate of \$100 per hour to be completed by within 30 days of the module. Alternately, you can find another Anusara training and take that missed module with them. Please be advised that this may delay your graduation.

Training completion requirements:

- Complete and document 156 hours of nine required modules plus 144 hours of electives approved by your lead trainers. **The 144 elective hours are not included in this training.** They are an additional time and expense requirement to be fulfilled with any Anusara certified teacher or at Shree and may include past Anusara studies. Please see the website for details.
- Additionally, there will be a few books you will need to purchase which are not included in the fees.
- Complete all required reading and writing assignments on time for each module.

8. Please answer the following three questions by writing a short paragraph for each on a separate sheet. **Your application is not complete without this.**

- a. Why do you want to take this 300 hour advanced Anusara yoga teacher training, and what do you hope to gain?
- b. What are some of your strengths and weaknesses as both a practitioner and as a teacher?
- c. What else should we know about you?

9. Using the space provided below, list other **major** trainings and/or workshop you've had in the past that in a style other than Anusara. (Attach separate piece of paper if you need more space.)

Title of workshop/Description	Date	# of hrs	Teacher	Style

I have read, understand, and agree to the above terms and policies.

SIGNATURE: _____ DATE: _____

Printed Name: _____

Please print out and complete this form. Include your answers to question 8 and a copy of your 200 hour yoga certificate if you were not certified at Shree. Mail it to our office or bring it into the studio with your payment. After we have reviewed your application, we will contact you to set up a phone interview. You will be accepted into the program after your application is approved and phone interview completed.

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