



**SHREE YOGA TEACHER TRAINING 2015-2016
APPLICATION FORM**

1. Today's date: _____

Name: _____

Address: _____

Phone (Home): _____ Phone (Cell): _____

E-mail: _____

Age: _____ Occupation: _____

2. How many years have you been practicing yoga? _____

How many years have you been practicing Anusara Yoga? _____

3. Have you taken any teacher training programs before? Where, when and with whom?

What styles have you focused on?

Are you currently teaching yoga? _____ Number of classes per week: _____

What tradition/style do you teach? _____

How long have you been teaching? _____

What is the average number of students you teach each week? _____

4. If you have taken part in an Anusara Yoga Immersion taught by a certified Anusara teacher please note where, when, and with whom you took the Immersion and which modules were completed (parts 1, 2 and/or 3)

5. Health Information:

Please let us know about any injuries, physical conditions, or psychological issues that you feel might get in the way of your full participation. This information is strictly confidential.

6. Refund Policy:

Up to September 10, 2015 the \$500 deposit and any other fees paid are refundable minus \$100 administration fee. No refunds will be issued after September 12th. Your deposit will be returned in full if you are not accepted into the program or if Shree Yoga cancels the program.

7. Late Fees and Extensions on Homework and Certification:

In the event that you are unable to complete any of the requirements listed below to receive certification from Shree Yoga, we will arrange, on an individual basis, a mentor to help you complete the course work at an hourly rate of \$100 per hour to be completed by July 1, 2016.

Requirements:

- Complete the entire Teacher training course with 100% attendance. This includes attendance at all parts of all classes and mentoring sessions. Any missed classes or late arrival for class will jeopardize your certification. Please discuss this requirement with your family and anyone else who this might effect. Make sure everyone understands that attendance at the training is your priority for the next nine months. Make-ups for missed class hours are made up with a mentor at an additional fee of \$100 per hour paid directly to the mentor.
- Complete all required reading and writing assignments on time
- Attend all mentoring sessions
- Complete and pass the written exams, Sanskrit quizzes, Empowerment Reviews, and required practicums by the deadlines given.
- Go to at least one supplementary yoga class at Shree each week and keep a log regarding classes taken. Take all different level classes. You are required to take and log a minimum of 30 Anusara classes.
- Complete all At-Home Study Requirements listed on the website and in your TT manual.
- Complete a CPR course (one will be available during the training at Shree)

8. Please answer the following questions writing a short paragraph for each on a separate sheet:

- a. Why do you want to take this certification training, and what do you hope to gain?
- b. What are some of your strengths and weaknesses as a practitioner and as a teacher if you already teach?
- c. What else should we know about you?

9. I have read, understand, and agree to the above terms and policies.

SIGNATURE: _____ DATE: _____

Printed Name: _____

Please print out and complete this form. Mail it to our office or bring it into the studio with your deposit or payment in full.

Office:
Shree Yoga Studios
12 Barnfield Court
Upper Saddle River, NJ 07458
201-822-1131